

<b>MATI</b>	
<b>HORARI</b>	<b>DIMECRES</b>
8:00 a 8:50	SPINNING
8:00 a 8:45	AQUADYNAMIC
8:30 A 9:20	B JAM.
9 :00 A 9:30	
9:30 a 10:15	AQUAFITNESS
9:30 a 10:20	STEPS
9:30 a 10:20	
10:00 a 10:50	
10:30 a 11:20	B.BALANCE (2)
10:30 a 11:20	SPINNING
10:30 a 11:20	GIMTERAPIA
11:45 a 12:30	AQUAFITNESS
<b>MIG DIA</b>	
<b>HORARI</b>	<b>DIMECRES</b>
14:30 a 15:20	
15:20 a 16:10	STEP 30'/XT WORK 20'
15:50 a 16:35	AQUAZUMBA
16:10 a 17:00	PILATES
<b>TARDA</b>	
<b>HORARI</b>	<b>DIMECRES</b>
17:05 a 17:55	TONO/CARDIO
18:00 a 18:50	SPINNING
18:00 a 18:50	BODY PUMP
19:00 a 19:50	BODY COMBAT
19:00 a 19:50	
19:30 a 20:15	AQUADYNAMIC
19:30 a 20:20	SPINNING
20:00 a 20:50	BODY JAM.
20:30 A 21:20	SPINNING